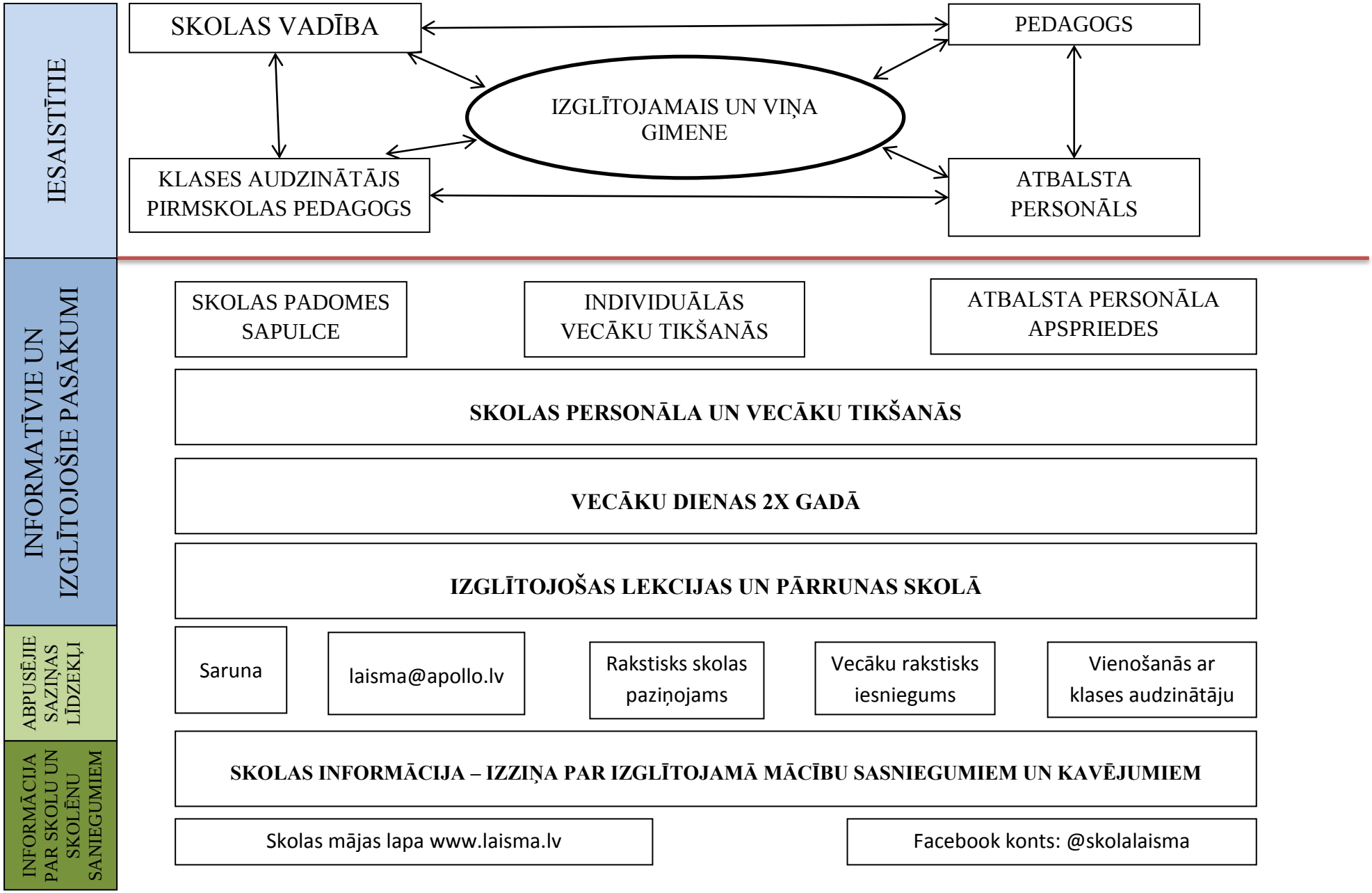Skolas un ģimenes informācijas aprite